

Faith Comment by Revd Canon Susie Collingridge
Petersfield Post for 14th May 2026

In a world that often feels uncertain and demanding, Christian faith has something real to say to the pressures many people are living with day by day—whether that’s worries about health, the strain of rising costs, or tensions within family life. As May brings longer days and signs of new life, it’s a good moment to pause and remember that hope isn’t just seasonal—it sits at the heart of the Christian story.



Christian faith isn’t about pretending everything is fine. It doesn’t ask us to ignore pain or put on a brave face. The Bible is full of people being completely honest with God—the Psalms, especially, give voice to fear, frustration and questions. That same honesty is open to us. For anyone lying awake worrying about money, waiting on medical news, or struggling with relationships, faith can begin very simply: “Lord, I’m finding this hard—help me.”

One of the striking things about Jesus’ life is how he met people right where they were. He spent time with those who were unwell, those who felt left out, and those whose lives had become complicated. His words, “Come to me, all you who are weary and burdened, and I will give you rest,” speak directly into the kind of weariness many are carrying today.

Faith, then, is less about having everything figured out and more about trust—trust that we’re not facing things on our own, and that even if circumstances don’t suddenly improve, God is still present. Often, that shows up in quiet ways—a bit more strength than we expected, a kind word at the right moment, or a sense of calm that steadies us.

It also shows up through other people. In communities where people look out for one another, things as simple as a conversation over a cup of tea, a shared meal, or knowing someone is praying for you can make a real difference when life feels heavy.

So as we move through May, perhaps the invitation is to notice faith in ordinary life—in the bills, the appointments, and the ups and downs of family. The Christian hope is not that life is easy, but that God is with us in it. And that, quietly, can be enough to carry us through.

Susie Collingridge
Area Dean of Petersfield, Vicar of Steep and Froxfield with Privett